

Curriculum Vitae



Dr. Diala Abdulkareem Al- Twalbeh

RN, MSN, PhD

Associate Nursing Professor | Sultan Qaboos University,
Oman

Date of Birth:	17/5/1979
Nationality:	Jordanian
Marital Status:	Married
Address:	Karak, Jordan
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Education

Ph.D. in Nursing Philosophy/Critical Care Nursing

University of Jordan, Jordan

2009

GPA: 3.9/4.0, Rank: First

Thesis: "Quality of Life and Sexual Function of Jordanian Women Diagnosed with Breast Cancer"

Master in Nursing Science (Critical Care Nursing)

Jordan University for Science and Technology, Jordan, 2004, GPA: 82.5

B.A in Nursing Science

*Jordan University for Science and Technology, Jordan. 2001, **GPA: 83.6%, Rank: First***

Professional Experience

Assistant Professor

Sultan Qaboos University, Oman

September 2023 - Present

Chair of Standard 4 for ACEN Reaccreditation, and Team Leader for Active Learning

Associate Professor

Al-Balqa Applied University

April 2021 - September 2023

Assistant Professor

Al-Balqa Applied University

September 2015 - 2021

Assistant Professor

Taif University

September 2013 - 2015

Vice Head of Electronic Learning Unit

Assistant Professor

Al-Ghad International Colleges for Health Sciences, Jeddah

October 2010 - July 2013

Head of Nursing Department & Head of Quality Unit

Assistant Professor

Philadelphia University

September 2009 - October 2010

Member of Research Committee and Quality Committee

Full Time Lecturer

Philadelphia University

August 2008 - August 2009

Head of Nursing Education

Specialty Hospital

February 2007 - August 2008

Part Time Lecturer

Philadelphia University

2005 - 2007

Medical-Surgical 1, Medical-Surgical 2, Physical Examination

Clinical Instructor

Jordan University for Science and Technology

2004 - 2005

In Charge Nurse

King Abdullah University Hospital

2001 - 2004

CCU, Medical Ward

Published Research:

Ali, N., Abuzeyad, R., Altwalbeh, D., (2026). Effect of a Culturally Tailored Educational Intervention on Women's Knowledge and Attitudes Toward Cervical Cancer Screening. *Women Health Nursing*. (Accepted).

Altwalbeh, D., (2025). The Effectiveness of an Educational Virtual Reality Video on Relieving Patient Anxiety Prior to Cardiac Catheterization. *Pharmacy Practice*, 23(3), 1-8

Sun, J., Dehghan, M., Soltanmoradi, Y., Altwalbeh, D., Ghaedi-Heidari, F., Saurombe, M. D., ... & Zakeri, M. A. (2024). Quality of life, anxiety and mindfulness during the prevalence of COVID-19: a comparison between medical and non-medical students. *BMC Public Health*, 24(1), 2976.

Al-Tarawneh, F. M., & Altwalbeh, D. A. K. (2023). The Impact of Cultural Factors, The Level of Health Education Received by the Caregivers, and Stigma on Asthma Treatment among Children in Southern Jordan. *Brazilian Journal of Pharmaceutical Sciences*, 59, e21115.

Al-Tarawneh, F., Ali, T., Al-Tarawneh, A., Altwalbeh, D., Gogazeh, E., Bdair, O., & Algaralleh, A. (2023). Study of Adherence Level and the Relationship Between Treatment Adherence, and Superstitious Thinking Related to Health Issues Among Chronic Disease Patients in Southern Jordan: Cross-Sectional Study. *Patient preference and adherence*, 605-614.

Teng, Y., Dehghan, M., Hossini Rafsanjanipoor, S. M., Altwalbeh, D., Riyahi, Z., Farahmandnia, H., ... & Zakeri, M. A. (2023).
Is nurses' clinical competence associated with their moral identity and injury?
Nursing ethics, 09697330231209284.

Dabbour, R., Khleifat, A., Tawalbeh, D., & Al Tete, R. (2022).
Breast Cancer Knowledge Among University Female Students in Jordan: A cross-sectional study.
HIV Nursing, 22(2), 986-992.

Khamaiseh, A. M., Al-Twalbeh, D., & Al-Ajlouni, K. M. (2020).
Patient safety culture in Jordanian primary healthcare centres as perceived by nurses: a cross-sectional study.
East Mediterr Health J, 26(10), 1242-1250.

Algaralleh, A., Altwalbeh, D., & Altarawneh, F. (2020).
Health-Related Quality of Life Among Persons Living With HIV/AIDS in Jordan: An Exploratory Study.
HIV/AIDS - Research and Palliative Care, 12: 897-907.

Altwalbeh, D. (2020). Breastfeeding Knowledge and Attitudes among Midwifery Diploma Students in Jordan.
International Journal of Community Based Nursing and Midwifery, 9(4), 325-335.

Algaralleh, A., Altwalbeh, D., & Alzayyat, A. (2019).
Preliminary psychometric properties of the Arabic version of Sheu and colleagues Perceived Stress Scale among nursing students at Jordanian universities.
Journal of Multidisciplinary Healthcare, 12, 777.

Altwalbeh, D., Khamaiseh, A. M., & Algaralleh, A. (2018).
Self-Reported Empathy among Nursing Students at a University in Jordan.
The Open Nursing Journal, 12(1).

Altwalbeh, D. (2017). Osteoporosis Knowledge and Beliefs Among Jordanian Men at Karak City.
International Journal of Medical Research & Health Sciences, 6(4), 43-50.

Altwalbeh, D., El Dahshan, M., & Yassin, R. (2015). Factors influencing delayed presentation of breast cancer among Saudi women.

International Journal of Science and Research, 1(4), 967-974.

Google scholar: <https://scholar.google.com/citations?user=6JUzwWEAAAJ&hl=en>

Teaching Portfolio

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|------------------------|------------------------------|-----------------------|
| ▪ Adult Health Nursing | ▪ Critical Care Nursing | ▪ Physical Assessment |
| ▪ Nursing Informatics | ▪ Nursing Research | ▪ Oncology Nursing |
| ▪ Gerontology Nursing | Epidemiology & Biostatistics | Critical Care Nursing |

Funded Research Projects

Assessing the Levels of Family Caregivers' Burden and Self-Compassion among Caregivers of patients with Cancer in Oman

Sultan Qaboos University

2,600 OMR

The effectiveness of an educational virtual reality video on relieving patient anxiety prior to cardiac catheterization

Al-Balqa Applied University

5,000 JD

The impact of psychological intervention on improving the body image of survivors of breast cancer after mastectomy

Mutah University

2,800 JD

Understanding factors influencing delayed presentation of breast cancer among Saudi women

Taif University

37,000 SR

Effect of leaders empowering behavior on staff members organizational commitment at Taif University

Taif University **34,000 SR**

Professional Affiliations

- **Jordanian Nurses & Midwives Council** (2001-present) Member #7265
- **Association of Nurses in AIDS Care (ANAC)** (2018-present) Member #23323
- **Jordanian Academies Association** (2017-present)
- **Global Burden of Disease Group:** Senior contributor (2024-now)
- **Saudi Commission for Health Specialties:** Senior Nurse Specialist

Technical Skills/Certificates

- Certificate in Higher Education Teaching and Learning program, SQU, 2025
- Google Certified Educator (level 1), 2025
- Google Certified Educator (level 2), 2026
- Google AI in Higher Education, 2026
- Microsoft Office Suite (Word, Excel, PowerPoint, Internet Explorer)

Languages

- **Arabic:** Fluent (Speaking & Writing)
- **English:** Fluent (Speaking & Writing)

Selected Conferences, Workshops & Professional Development

- **2024:** Knight Center Online Course "Digital Content Creators and Journalists: How to be a Trusted Voice Online" (25 hours) - University of Texas at Austin, USA
- **2025:** Keynote speaker, World Cancer Congress, Summit & Exhibition 2025, Oman
- **2024:** Evidence Based Practice for Nurses (Lecturer) - Sultan Qaboos University

- **2024:** "From Classroom to Cloud: Crafting Blended Learning Experiences" - Sultan Qaboos University
- **2023:** "Integrated Course Design through Active Learning" - Sultan Qaboos University
- **2023:** "University Teaching" - University of Hong Kong (Coursera)
- **2013:** Certified Professional in Healthcare Quality (CPHQ) Exam Preparation Workshop
- **2010:** Certified as "Senior Specialist" - Saudi Commission for Health Specialist
- **2008:** Advanced Cardiac Life Support (ACLS) Certification
- **2007:** Basic Life Support (BLS) Certification (Provider & Instructor) - American Heart Association
- **2005:** Advanced Training Course on Pain Relief & Palliative Care (120 hours) - San Diego Hospice and Palliative Care Center in collaboration with WHO, Ministry of Health and King Hussein Cancer Center
- 2004:** Mentorship/Preceptorship of Learner in Nursing Practice (60 hours) - Jordanian Nursing Council
- **2001:** Bone Marrow Transplant Course (40 hours) - Arab Medical Center

References available upon request